

Mentoring Skills DVD

The Mentoring Skills DVD has 60 minutes of video clips on all the skills needed to be a good mentor. Customers use our DVD as part of their face-to-face mentor training workshops. It is the only Mentoring Skills DVD for the UK business market with real life mentor/mentee video clips. It covers:

- The crucial first meeting
 - Meeting and breaking the ice
 - What to discuss in the meeting
 - Agreeing a mentoring contract
 - Confidentiality
 - Appreciating the bigger picture
- Active listening skills for mentors
 - Open questioning
 - Probing
 - Reflecting
 - Challenging
 - Summarising
 - Being comfortable with silence
 - Combining all six skills (Open questioning, probing, reflecting, challenging, summarising and being comfortable with silence)
 - Choosing the medium of communication, such as email or face-to-face
 - How to use body language when mentoring
 - How not to do it (a humorous look at how not to mentor someone)
- Typical mentoring scenarios
 - Four examples of why people want a mentor
- Frequently asked questions
 - Answers to sixteen of the most commonly asked questions about mentoring including: What is mentoring? How does it work? What if we just don't get on?

A free 15-page trainers' guide is also included, with all the information you need to know to run a 2-hour Introduction to Mentoring workshop, and a 2-hour Intensive Mentoring Skills Practice workshop, both using the Mentoring Skills DVD.

'I am delighted with the DVD; it is a very polished product and just what we need to train our mentors' Richard Pratt, Senior Mentor, Qinetiq, the one of the world's leading defence technology and security companies.

Visit www.qiconcepts.co.uk to view free previews of some of the Mentoring Skills video clips.