

Coaching and Mentoring Skills programme

The Coaching and Mentoring Skills programme is designed for all coaches and mentors, including those mentoring someone towards a professional qualification. It has been used by hundreds of mentors/coaches in engineering, medicine, banking, accountancy and nursing. It explains coaching and mentoring and covers all the essential skills. It can be used either as:

- an introduction/revision of the skills of coaching/mentoring; or as
- pre-course work before a mentor-training workshop, allowing the length of a typical workshop to be reduced from one-day to half-a-day.

'An EXCELLENT programme', Judith Goodman, Manager, Medical Careers Institute, Richmond, USA

'Both my EEO manager and I were impressed with your online mentor-training program'. Eileen Castro, Manager, US Army

'I found the program excellent. A unique element...is a self-assessment quiz that allows the user to review current knowledge of mentoring before engaging in the self-study, and then re-assess after engaging with the self-study materials. It shows excellent examples of active listening, asking different types of open-ended questions, summarizing, being comfortable with silence, using body language appropriately, and exploring the different media of communication.' Rey Carr, CEO, Peer Resources, Canada

All the modules use video clips and interactive exercises to engage the learner. It was nominated for an IVCA online learning award and is based on a programme accredited by the Mentoring and Befriending Foundation on behalf of the Department for Skills and Education.

Duration

About 2 hours, depending on how fast you want to go. You can login later to finish the programme.

Objectives

By the end of this programme mentors will be able to:

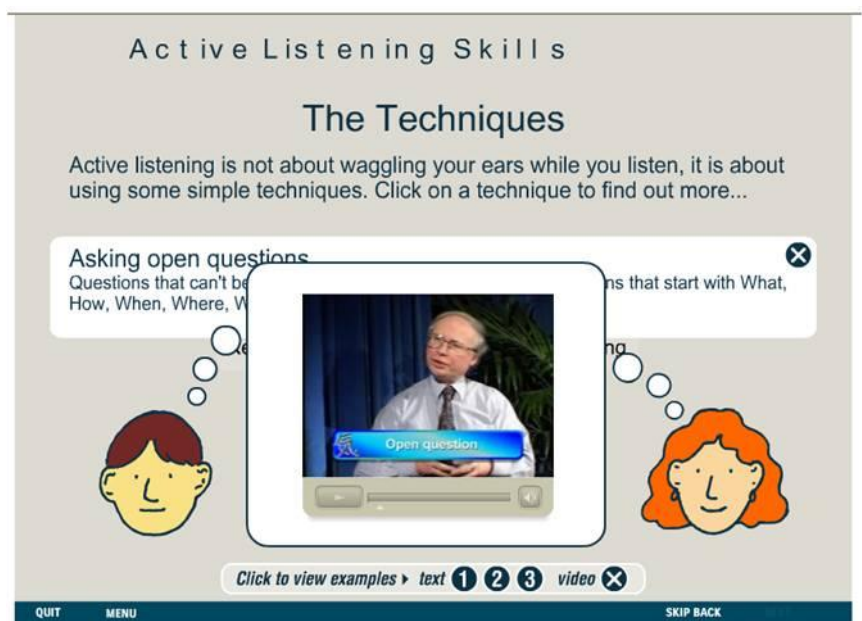
- understand the needs of potential mentees;
- act as a coach/mentor to others with confidence and motivation;
- be ready to practise the skills needed for good mentoring/coaching.

Modules

- Essential background
- Self-assessment
- Active listening skills
- Online mentoring skills
- Ethics
- Attaining a Professional Qualification
- The first meeting

Further resources

- Resources and FAQ
- Post-programme self-assessment and review
- Certificate of completion



The Mentoring Skills programme is priced from £50 per mentor (plus VAT at 17.5% for organisations in the EC) when purchasing for a large group of mentors. You can email us at sales@qiconcepts.co.uk or call one of the Qi Concepts team on +44 (0) 115 8492769 who will be happy to take your order. We can take payment by corporate credit card or bank transfer.